

Discovering the Rhythms of Sabbath

Exodus 20:8-11; Daniel 6:10-12

Message Notes

What is Sabbath?

Exodus 20:8-11 – the Sabbath commandment

Qualities to Biblical Sabbath

- 1) S_____
- 2) R_____
- 3) D_____
- 4) C_____

Daniel and the Lion's Den -- Daniel 6

- Daily Sabbath

Psalms 119:164...

Psalms 92:1-2...

Psalms 55:17...